

— July 2026 | Volume 20 —

The Serenity Scoop

Welcome to the Scoop, the monthly newsletter for Serenity Day Habilitation!



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From the Director's Desk

The life you experience tomorrow is built by your present actions. Understanding that decisions compound into long-term habits is the first step toward living intentionally.

The power of choice is an undeniable gift that dictates everything from your physical wellness to your professional trajectory. Choices change as we see our children move into adulthood. It's always hard to believe when our children grow up and become official adults. The transformation feels like it happens overnight, and it happens in different ways. However, their paths go, they are thrust out into the world and expected to fend for themselves with less and less support from their parents. And parents are left to worry and pray that their children will be ok.

Parents of adults with disabilities carry a different and added worry.



Parents worry how to advocate for their nonverbal child, how to make sure caretakers do x, y and z to support their child's needs and how their child will make decisions when they are not present. Many families must make hard decisions to encourage independence even if it means their child's life, at first, may not be as full and busy as it once was. Serenity strives to be a resource for families as they make these hard choices. Our agency aims to keep our clients safe as we promote independence and autonomy. We vow to be a part of the solution and do the good work to keep our clients happy and moving forward.

In community,
April



Prevocational Program - Coming Soon!

Serenity is excited to offer a new Pre-Vocational Training Program that teaches universal workplace skills such as following directions, task completion, teamwork, communication, and appropriate professional conduct. These foundational skills help participants build confidence, increase independence, and prepare for future employment opportunities.

To learn more about the program or inquire about enrollment, please contact us.



Serenity Spotlight Brick

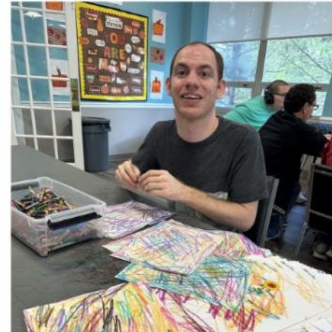


Meet Ryan Silazis

This month, Serenity spotlights Ryan Silazis. Ryan has been with us for just over a year and brings energy and a smile every day. Ryan is lovingly referred to as Serenity's Jackson Pollock because his colorful art is beautiful!

Ryan lives with his mom, Patty, and dad, Louis. He comes from a big family and has four siblings.

During his time at Serenity, Ryan has gone on many outings and especially enjoys the mall, new places to eat, and parks and trails. While at program, Ryan enjoys spending time with peers and staff and loves coloring activities. Ms. Geraldine, Mr. Logan, and Mr. Devin are among his favorite staff members to spend time with.



He has numerous friends at Serenity, with his closest companions being Javier, Denise, Jason R., Julio, and McKayla.

Our Serenity team is thankful for Ryan and the beauty he brings to our program.



Important Date or Events

July 3: Fourth of July
July 6: Staff Training

Serenity Spotlight West Long Branch

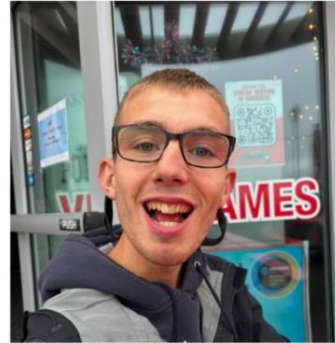


Meet Matthew

This month, Serenity shines its spotlight on Matthew Driscoll, lovingly referred to as "Matty". Matthew is among the inaugural group at our Monmouth Serenity site.

Matty has gone on many outings and especially enjoys being outside at playgrounds and nature walks. Matty lives at home with his Mom and Dad, Lisa and Thomas; he also spends a lot of time with his Brother Thomas.

Each day, Matty greets staff and peers with a big smile. Matty enjoys being around his peers at program; he also likes to build with Legos and do puzzles with staff.



We look forward to the summer outdoors with Matty, his friendly and outgoing personality enhances the lives around him.

Our Serenity family is thankful for such an amazing young man.

Staff Team News

We are excited to welcome Kevin Giles as the new Program Manager at our Brick location!

Kevin joins the Serenity team with a wealth of experience supporting individuals with intellectual and developmental disabilities (IDD) and working within DDD services. His knowledge, compassion, and dedication to helping individuals reach their goals make him a wonderful addition to our team.

Please join us in welcoming Kevin to Serenity!



Kevin Giles
Program Manager

Serenity Snapshot

By Jordan Beaudoin

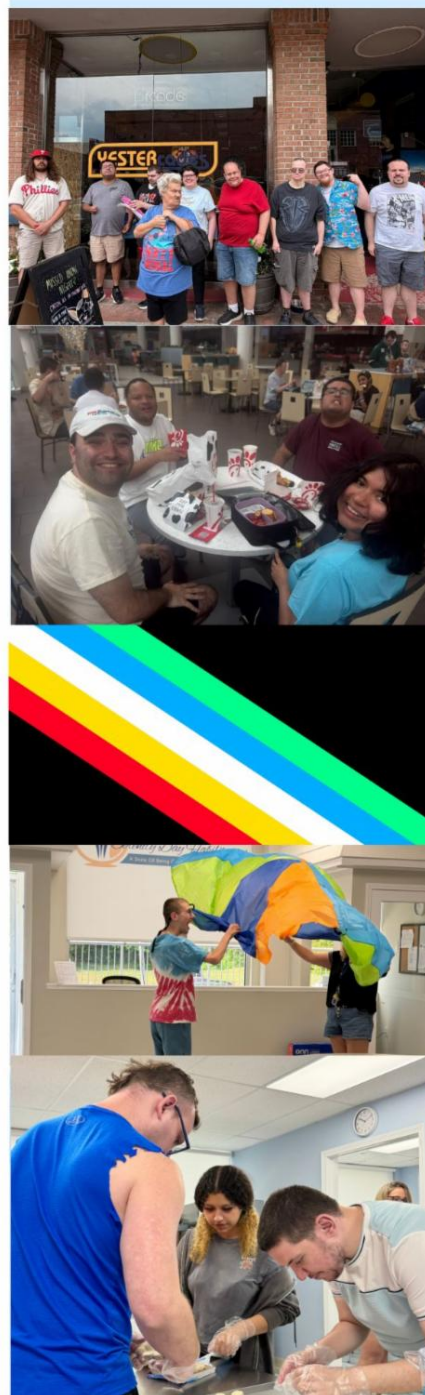
July is Disability Pride Month! During this time, we will celebrate each and every individual enrolled in our program, as well as those we meet out in the community. This month is a time to recognize the many contributions that people with disabilities have made and to remind ourselves of the importance of inclusion, opportunity, and equality for everyone.

This month was chosen because on July 26, 1990, former President George H.W. Bush signed the Americans with Disabilities Act (ADA) into law. This act prohibits discrimination against adults with disabilities in all aspects of life, such as employment, education, transportation, and public accommodations. This law has made a difference in our society and brought light to many of our individuals.

At Serenity, we aim to empower our participants. We encourage everyone to build confidence, develop life skills, and engage with the community. Daily, many of our clients achieve new milestones, volunteer, and take part in community outings. Each individual has unique talents and strengths that deserve recognition and celebration. We invite everyone at Serenity to help celebrate Disability Pride Month.

We would like to express our gratitude to our Serenity families, staff, support coordinators, and community partners for helping create a welcoming environment where all can thrive.

We firmly believe that every voice matters, every accomplishment deserves acknowledgment, and everyone should have the chance to live a fulfilling life filled with purpose, dignity, and pride.



June Birthdays

Happy Birthday, Emilyn, Eric, and Jason R!



Community Based Support Services

Serenity is now an approved provider of Community-Based Supports!

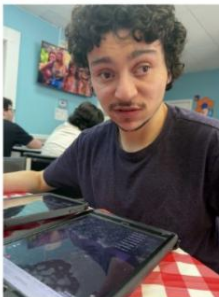
We are proud to announce that Community-Based Support (CBS) services are now available to individuals with intellectual and developmental disabilities across all 21 counties in New Jersey.

Community-Based Supports is a DDD-funded HCBS waiver service delivered by trained Direct Support Professionals in homes, neighborhoods, and community settings to support building skills, fostering independence, and engaging meaningfully in their communities. Driven by each person's ISP goals, CBS is personal, flexible, and centered on what matters most to the recipient.

For more information, contact:
Sarah Powell, HCBS Director
(732)-532-5221 ext. 101



Fourth of July



Serenity Day Habilitation July 2026 Activity Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
		1. A. Brick AMC- Toy Story 5 (\$)(Bring Cold Lunch) B. Walking Trip to Ocean Grove (Bring Cold Lunch) ** Station Rotation: Firework Painting, Popsicle Stick Star Streamers, Patriotic Slime, Pinwheels, 3D Art, July Sensory Bins Choice Activities at Program.	2. Happy Birthday Mikel Wear Red, White and Blue Day A. 4th of July Celebration B. Talent Show (Bring Cold Lunch) ** Station Rotation: Sponge Relay, Tie-Dye Lab, Spin Art, 4th of July puppets, 4th of July Activity Packet, Patriotic Parfaits, Fireworks in a Jar Choice Activities at Program.	3. Closed for July 4th
6. Closed for Staff Training	7. Happy Birthday Nicole! A. Silverbell Arcade (\$)(Bring Cold Lunch) B. Movie at Berkeley Library (Bring Cold Lunch) ** Station Rotation: Patriotic Calm Down Jars, Textured Flag Playdough, Red, White and Blue Jewelry, I Spy Jars, Crumble Paper Art, Reverse Coloring Choice Activities at Program	8. A. Six Flags Safari (\$)(Bring Cold Lunch) B. Jungle Play Park (Bring Cold Lunch) ** Station Rotation: Safari Animal Pileups, Popsicle Jungle Animals, Rice Sensory Bin, Paint By Sticker, adaptive fitness yoga, chair volleyball, Bingo Choice Activities at Program	9. A. Lunch at Raising Cane's (\$) B. Craft at Manchester Library (Bring Cold Lunch) ** Station Rotation: Sand Art, Multi Media Flags, Fruit Kabobs, National Sugar Cookie Decorating, Solar System Art, Word Searches and Puzzles, Sugar Cookie Recipe and Measuring Choice Activities at Program	10. A. Collingswood Flea Market (CASH ONLY) (Bring Cold Lunch) B. Morning Yoga at the Beach (Bring Cold Lunch) ** Station Rotation: Summer Dipped Fruit, Rice Krispie Stars, Summer Dirt Cups, Dishes and Food Prep, Measuring Dry Ingredients, Safe Microwave Use Choice Activities at Program
13. A. Menlo Park Mall (\$)(Bring Cold Lunch) B. Craft at Jackson Library (Bring Cold Lunch) ** Station Rotation: Baking Soda Rockets, Wires in Slow Motion, Patriotic Structures, Film Canister Fireworks, Milk	14. Happy Birthday Grant! A. Pt. Pleasant Ride Wristband (\$)(Bring Cold Lunch) B. Movie at Berkeley Library (Bring Cold Lunch) ** Station Rotation: Movie and Popcorn at Program, Sticker Books, Paper Airplane Race, Sidewalk Art and Lawn Games.	15. A. Laser Tag at iPlay America (\$)(Bring Cold Lunch) B. Cactus Island (Bring Cold Lunch) ** Station Rotation: Morning Math, Washing Dishes, Food Prep and Storage, Owl Pellet Dissection, Rainbow Fish Art.	16. A. Lunch at Windmill Hot Dogs (\$) B. Sandyhook Lighthouse (Bring Cold Lunch) ** Station Rotation: Laundry Folding, Flag Mosaics, Five Senses Scavenger Hunt, Choice Crafts, Five Senses Flip Book, Edible Soil Layers	17. A. Color Me Mine (\$)(Bring Cold Lunch) B. Allaire Community Farm (\$)(Bring Cold Lunch) ** Station Rotation: Quick Dry Clay, Color Scavenger Hunt, Memory Trays, Mystery Scent Jars, Texture Bag Creations, Up

Click on the calendar image to view the full document and download it as a PDF.



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